

KIND Annual Report — 2010



KIND provides outreach to special children

MIND • BODY • SPIRIT

- *Educational Improvement Programs*
 - *Healthy Meals and Exercise*
- *Mentoring and Character Education*

Kids In New Directions
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Dayton, Ohio 45403
(937) 559-7695

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www.kinddayton.org



Keith Valiquette.
Chairman

Dear Friends,

God deserves the credit for our success over the last 24 years. In 2010, we reached over 125 school-age children with strong education and health programs to support our mission. Although we would love to grow to address our waiting list, we have made the conscience decision to focus on providing the best one-on-one mentoring with the best program partners in the area. As additional funding becomes available, we can address our waiting list of children.

Our education programs will include math and reading tutoring. We will also provide more time for homework so the children have the support they need before they return home. The *Boonshoft Museum of Discovery* is a partnership that has existed for several years. Over the last couple of years, they have brought their “*Exhibits to Go*” to our facility. The children really love it.

The teens are finishing up a 75 square foot mosaic with the *K12 Gallery for Young People*. We plan to continue their high quality programs in 2011. We also had a local artist teach the children drawing techniques. Last summer we implemented a music program with the *DABICO Artist Factory*. A graduate of the *University of Dayton Music Therapy Department* provided music therapy with a small group of children that had special needs. We plan to seek funding in 2011 to make it a permanent program.

Health and fitness will be a focus in 2011. We discovered last year in partnership with the *YMCA* that 38% of our children are obese or overweight. KIND will be focusing on healthy meals (over 10,000 meals served in 2010), exercise programs with the *YMCA*, and biking with the *Life Enrichment Center*. The *YMCA* is hoping to support the summer swimming program again this summer. We are also developing a weight training and cardio program with the *YMCA* for our teens. We will continue our healthy cooking program with the *Science and Math Attracting Ready Talent (SMART)* as well as nutrition education with a program offered by the *Ohio State Extension Office*.

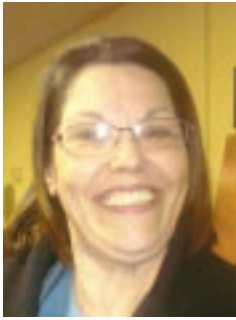
We have a lot of new programs to expand our ability to create successful children. It cannot happen without careful planning, wonderful supporters like you, and a dedicated staff. We are kidding ourselves if we ever think this will get easier. If it does, then we know we are not pushing the envelope with the children. We do know one thing for sure, it will be a blessing to serve God in His work.

We hope you will support upcoming fundraisers. KIND is having a lunch fundraiser at Spinoza’s at Fairfield Commons on April 10th. Our golf outing is scheduled for May 17th. For more info contact: *Erica Rinehart* at ericar@kinddayton.org

Serving Him,

Keith Valiquette
Chairman of the Community Advisory Board

A Letter from KIND President, Amy Thorpe



*New President of
KIND, Amy Thorpe*

As we pause and reflect on the recent year, we must thank God for the many blessings given to our outreach in East Dayton. Although we have had trials this past year the KIND program has thrived. We attribute to the Lord, our donors and the wonderful KIND staff who put the children first on a daily basis. The past year has seen us lose a van and suffer through transportation problems, but miraculously was able to replace it later in the year. We have had serious illness in the staff, but the other members of staff

stepped up to do double duty to make sure the children's needs were met. We moved our daily program to the Life Enrichment Center. Some of the children had a hard time adjusting but we are working through it. With change, there is always adjustment. We experienced it when we moved to Third Street Baptist several years ago. With every bump along the way the staff has been outstanding and their dedication to the KIND program shone through in every way. I give my thanks and gratitude to each and every one of them for their hard work.

In the new year we had two veteran members of the board step down after many years of service. We thank Howard Hensley and outgoing secretary, Nancy Elmore for your many years of service to KIND. You will be missed! We added new members; Linda Ball (incoming secretary), Gary Smith, and Jean and Bob Lawson. Welcome to all and may we have a productive and fruitful year for the KIND program!

Partnership

Over the past seven years, the KIND program has been located on East Third St. in Dayton. Through a Dayton Foundation event and personal introduction from *Rita Cyr, Executive Director of Ronald McDonald Charities of the Miami Valley Region*, we met *Tim Helm, President of the YMCA of Greater Dayton*. The YMCA had connections with the Life Enrichment Center in Dayton. The Life Enrichment Center had a wonderful building and a vision for East Dayton but no programs for school-age children. The KIND program through the encouragement of local foundations and the YMCA has developed a partnership with the Life Enrichment Center located at 425 N. Findlay St. in Dayton.

The Life Enrichment Center is a faith-based, non-profit organization working in collaboration with area-wide partners to provide life building, life sustaining services to the underserved in the greater Dayton community. Their goal is to be a "model" organization in the community, using best practices in guiding those we serve towards self-sufficiency, with the end result being improved quality of life.

To best serve the needs of the children of KIND, both the Life Enrichment Center and KIND will work effectively together.

With the recent economic woes we have been reaching out and exploring new options for donations and fundraisers. We have been blessed with the support of many individuals, local businesses, service clubs, and foundations. We ask you to continue to support our mission in 2011. We are entering into our 25th year of ministering to the needs of the children in East Dayton and it is "All about the Kids". It is so gratifying to look at these children and see how the KIND program has touched their lives. One child was recognized by the Justice Department in a national competition for her outstanding artwork. We have children who have been organized into a band. We offered music therapy to our children last summer and saw some great results from that program. Our children made a video in conjunction with the *YMCA* to motivate children to "get up and get active" through the "*Get Up Montgomery County*" program. Through the *SMART* and the *USDA Extended Food and Nutrition Education Program (EFNEP)* our children are learning to make healthy meal choices.

Again this year we were able to provide shoes and a pack of socks for the children. And there is always a hot meal at the end of the day for each and every child which translates into over 10,000 meals served every year. These are just a handful of the positive ways we have been able to touch these children's lives and make a real difference, so please continue to support KIND in any way you can, no donation is too small. If you are unable to assist monetarily, please check the "wish list" to see if you can contribute in that way.

Our next fundraiser this year will be the 3rd Annual KIND Golf Outing to be held in May 17th at Cassel Hills Golf Course in Vandalia. This is always a fun time and we look forward to seeing you there. Cart and hole sponsors are needed. Or why not sponsor a team? We also still have discount cards available for \$10, you receive unlimited discounts through November 2011. If you are interested please contact Erica Rinehart at (937) 409-8433.



The Life Enrichment Center which now serves the KIND program.

Fortunately, they both have commonalities from which to work. Because they work in the same changing and challenging environment, there is a unique opportunity to explore emerging community needs together. Each group brings skills, experience, and knowledge that hold the promise of rich collaboration for the City of Dayton and children of KIND.

The KIND program and the Life Enrichment Center are designed to support and enhance the children of East Dayton. Working together can provide assistance to those who continue to struggle with everyday needs as well as mentor those who will one day be the future of Dayton.

Success in Our Numbers

During the 2010 year at KIND we had more than 200 children register. Of those registrations, 126 of those children attended three weeks or more. KIND serves over 30 schools in eight different school districts from as far as West Carrolton to Huber Heights and Dayton. Each day the staff picks up children over an area that spans six zip codes stretching across the City of Dayton. The average driver during a pick-up or drop-off will cover 12 different locations to ensure that each and every child makes it safely to the program.

It's our dedication to the children of KIND and our wonderful supporters that have allowed us to continue a ministry that started in the summer of 1987. Our success shows in the attendance and retention of the children. After school attendance was 75% for children and 59% for youth. The youth attendance was significantly lower because it is harder to hold on to teenager's attention than it is a child. KIND has to, on occasion, battle for the chance to be a part of their lives. We have to compete with video games, computers and unfortunately drugs, alcohol and gangs. Our success resulted in 89% of those in the afterschool program attended the 2010 summer program. Summer attendance was 58% for children and 57% for

youth because during the summer children come and go. Some of the children have to go out of the area to visit biological parents or they spend a week or two at a relative's home. We also have kids that bring friends from out of town that stay a week or two then leave. The core group of KIND kids usually remains the same, but KIND never turns a kid away.

One of the many reasons KIND has never turned away a child, is because KIND is aware of the financial restraints that burdens the families of our children. 86% of the families we serve survive on less than \$25,000 per year. Most of those same families are single parent with usually more than one child in the household. These families struggle most months with paying rent, buying groceries, and ensuring the electric will be on one more month. For those families, KIND is the one consistent foundation they can count on each day. They know they are going to get a hot meal each day of the program. During 2010 KIND served more than 10,000 meals to the children and teenagers. But no matter how many meals are served, KIND cannot help but wonder how many other children in Dayton are going to bed hungry at night.

How It Started

Kids In New Directions (KIND) started in 1987 with a vision to assist the children in East Dayton. *Pastor John Konz* and *Ann Barlow*, a member of Memorial Church and a Dayton City School teacher, noticed that children in the neighborhood were hanging in the parking lot with nothing to do. They put the wheels in motion to start a program to reach out to the kids in the local area. With the support of the church and local volunteers to help, the vision of the KIND program was created.

KIND was initially started in the basement of Memorial Church located in East Dayton. Ann had a handful of volunteers and a small group of children to start with. She noticed the children were under educated and hungry for not just food, but attention as well. Ann tended to their needs of care, respect and assistance a few days each week. But as time went by, she noticed more kids attending each day.

As of 2010, KIND has been serving the Dayton community for 24 years. KIND served more than 125 children in 2010. KIND is able to reach so many children because of the dedication of its staff and the endless hours they put forth. Each day three KIND vans drive on average, four hours each day to ensure each child and teen reaches KIND safely. Children are picked up in an area that includes 52 different streets, and one van will do an average of 12 location stops in one hour. KIND is down to three vans that are depended on each day to pick-up and drop-off children. During the summer 2010 program one of the more dependable KIND vans was in an accident, thankfully no one was injured, but the van unfortunately was totaled. Due to the importance of having at least three vans, KIND had to purchase a used van in the fall 2010 to maintain high attendance numbers with our children. We are in desperate need for a fourth van to handle the volume of children we serve during the summer.

Transporting the KIND children to and from the program is just one of the many reasons why KIND has had such a successful

history. But other reasons why we're so successful is due to the collaborations with other organizations. Organizations such as *K-12 Gallery for Young People*, *Science and Math Attractive Ready Talent (SMART)*, *Boonshoft Museum of Discovery*, the *University of Dayton*, *All Kids Can Learn Tutoring*, and the *YMCA* just to name a few. By collaborating with these other organizations KIND is able to offer programs to our children to expand their horizons and education, giving them the power to succeed in life. The programs we offer teach the children components of education that other children in other areas might take for granted. For example, teaching money management to our 8th graders could be the foundation of whether or not that child will have the knowledge to be able to budget what income they may earn.

Most of the parents of the KIND children have only a 9th grade education, only a few have graduated from high school, and less than five have been to college. With the Dayton Public Schools dropout rate increasing each year, it's daunting to think about how many of our 125 children may not graduate from high school in the coming years. KIND encourages the children that education is one of the most important fundamentals in life. To encourage them in their educational endeavors, KIND has homework help available for every child in the program. KIND is there to help them understand what they are struggling with in their studies. KIND helps with book reports, science projects, math equations, and reading. There is no limit as to what the staff will do to assist a child in need.

From the vision of Ann Barlow and Reverend Konz in 1987, KIND has grown in quality programs we offer to the children of Dayton. When they started the KIND program, I don't believe they knew how many kids would be reached, or how successful it would be. It's because of their vision and overwhelming love that children in Dayton have a safe place to attend each day. We care about them and their future. Thank you Ann Barlow and Reverend Konz for being Dayton's most dedicated trailblazers.

What We are About

While schools and communities are making progress, there are still very few opportunities for children in the inner city of Dayton. Since its inception in 1987, KIND has provided programming for low-income families. Often these families struggle to find programs for their children because of the barriers created by expense, transportation or exclusion of children with behavioral problems. KIND eliminates these barriers, accommodating children ages 5-18. For many of our families, KIND is the first opportunity for their children to participate in the same program.

Our children's program is an excellent choice for giving children a strong start in life. The early years are so vital in developing the habits that lead to a healthier, happier and more confident child. We teach and instill basic developmental skills that will show up in many aspects of life such as: showing proper manners, shake their hand and give a polite greeting, improved listening skills, longer periods of focus and attention span, self control of one's actions and attitudes, learning to participate in group activities and getting along with others. It's no magic pill and it doesn't happen in one day. However, for many parents, our program is the perfect alliance and is one of the most valued for their child.

KIND's teen program addresses some of the elements missing in the education of teens in the twenty-first century. Parents, business owners, teachers and teens themselves have expressed concern that teenagers are not exposed to as many positive influences as they were in years past. With most of our families, both parents have to work, and teens often find themselves with an



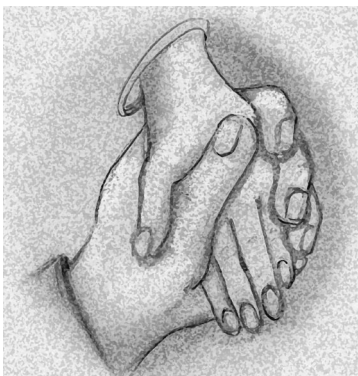
Ms. Theresa Heiser from the Expanded Food & Nutrition Education Program (EFNEP) teaches food facts as KIND kids look on.

overabundance of time on their hands and a scarcity of empowering resources at their disposal. For many, advice comes in the form of the media or a fellow teen. They need and want assistance in creating a good life for themselves but often don't know where to turn for reliable information and tools. Parents have struggled to find solutions to help their children. KIND provides the teenagers with programming that encourages team building, much needed financial literacy, goal setting, ethics, study skills-sets of lessons that allows them to learn strategies for coping with issues both in and out of school.

For over 20 years, we've had outstanding success teaching kids how to become goal-oriented, athletic and academic achievers. The KIND program remains committed to providing safe educational programming free of charge to families in need. We believe that every child has the potential to become an achiever and a Champion in Life!

Erica Rinehart, KIND Fundraising Coordinator

KIND Becomes Setting to Bring Families Together



Recently during KIND's 2010 summer program, a daughter and her estranged father were reunited. KIND became the setting for a girl to have a visit by her father she hadn't seen in approximately 12 years. The first meeting was short but successful in many ways. The father came back every day for the rest of the week. The

KIND program provided the perfect opportunity to reflect on the relationship between father and daughter. Fathers have a unique, significant and important impact on the emotional and physical developmental outcomes for boys and girls, especially for self esteem, emotional well-being, capacity to love and be loved, and the ability to participate in society. For girls, the father is the first man in the life of a little girl, as such, provides an important role model for future relationships. Since the summer program has ended, the relationship between the father & daughter has grown into a wonderful bond. It has been said that they are the happiest they have been in years.

So What do You Need?

I am often asked "what do you need at KIND?" Well for those who have asked and others who would like to help here you go.

Craft supplies: modeling clay, crayons, construction paper, scissors, rulers, tracing paper, water colors, brushes, etc.

Athletic equipment: various balls, cones, whiffleball bats and balls, badminton and volleyball sets. We could also use hula hoops, jump ropes, lawn darts (with plastic tips), horse shoe sets, Frisbees, footballs and basketballs.

Instruments: The KIND program has recently started a band which is doing very well. However we need a bass guitar/amp, a violin, flute, clarinet and a trumpet. We have kids/teens that have experience playing these instruments but unfortunately do not own an instrument. Music stands, speakers and microphones and stands. We currently have instruments that we are using, but to allow other young people to join us, we need additional instruments.

Camera: We would like a digital camera for upcoming pictures you might enjoy in our newsletters.

Transportation: And now for the really big wish list. We are not able to continue using the van that was donated last summer. So, we could use a large van for the program. It helps us maintain our high retention rate and allows the staff to work more productively. If extra trips to pick up children are made, we lose our time with them in the classroom. We have them for a small part of their day and every minute counts.

Frank Humphrey, Program coordinator — KIND Program

A Special KIND Relationship



The new bride, Laura with her proud husband, Travis.

Each year brings blessings and challenges. I have been fortunate enough to have tremendous blessings in my life. This August was particularly special to me. You see, Travis Focht got married to a wonderful woman. I had the honor of being part of the wedding party, the 10th groomsman. And no, that is not a typo. The tears welled up in me and his brother Chris and I am sure a lot of other people for most of the ceremony. The memories flew through my head as I listened to an incredible ceremony with a huge lump in my throat.

I can remember a number of other special occasions in our relationship. I remember the time when he was away for an extended time. Then there was that day at Memorial Hall when he graduated from Meadowdale High School. There was Mother's Day, when he graduated from Wilmington College with a double major. Each event was a milestone in our friendship and an important memory. But the best memory is the day he walked into my life and provided a blessing that could only come from God. I think I needed him more than he needed me. God brought him into my life to make me stronger and provide a permanent bond to these children. These words cannot possibly describe my pride in this young man. I love him like a son.

*Keith Valiquette
Chairman of the Community Advisory Board*

There is an "I" in KIND — but Not in Team

It is an old but very true statement about the leadership of KIND. We have overcome adversity and challenges for more than 20 years to create success in the children of Dayton. The staff at KIND have mentored thousands of children over the past several years making sure each child feels special in more ways than one.

KIND has two boards that guide and direct the program. The Governing Board ensures the progress and stability of the program as a whole. A second board, the Community Advisory Board, provides strategic direction and community networking functions.

KIND is led by a couple of individuals that care very much about the success and future accomplishments of the children. Ed Fox has been the Executive Director of the program for a number of years. Ed provides the leadership and directs the activities of the staff for the after school, summer and youth programs. Frank Humphrey provides day to day program management to coordinate the daily activities and manage the staff. By splitting the duties between Ed and Frank, we minimize the impact of the loss of any one person. The same is true of the staff. We attempt to cross-train each staff member to handle the duties of other members if such a situation arises.

Grant writing is a critical part of the KIND program. As an integral part of our succession plan, a staff member, Erica Rinehart is assisting and supporting the grant writing functions including evaluation reports and foundation interviews. In addition to grant writing, she has been responsible for developing, organizing, and managing our various fundraisers over the past year. As a parent of two children involved in the program, Erica has brought KIND a new perspective on fundraising and has a very enthusiastic attitude for the future of KIND. Erica is a Southwestern College graduate and has completed some additional classes at Sinclair Community College in Communications. She is also enrolled in a six-week grant writing course that starts this month.

Our goal is to ensure we have succession plans in place at every level within the organization. KIND cannot stumble because of one person. It is a team effort that keeps this dream alive.



The mission of the U.S. Marine Corps Reserve Toys for Tots program is to collect new, unwrapped toys during October through December each year, and distribute those toys as Christmas gifts to needy children in the community. During the Christmas of 2010, KIND received a helping hand from them. Toys for Tots provided more than 200 new toys to our children and their siblings. KIND was able to sort and

deliver toys for Christmas to thirty-two families. Each child received at least four gifts which were delivered to their doorstep prior to Christmas Eve. The U.S. Marine Corps Reserve and KIND has a common goal. That goal is to play an active role in the development of one of community's most valuable resource – our children.

2010 KIND Golf Outing and Info Concerning 2011 Event



Solid Blend Technologies, 2010 Golf Event Sponsor.

On Tuesday May, 25, 2010, KIND held its 2nd annual Golf Outing. KIND was blessed with a beautiful day that was perfect for golfing. With 14 teams, and 19 sponsors and our event sponsor “Solid Blend Technologies” we managed to raise over \$5,000 for the kids. The golf event is a major fundraiser for the **Kids In New Directions** program. The golf event gives time for supporters of the KIND program to enjoy a great game of golf as well as raise much needed funds for the kids.

KIND would like to thank “Solid Blend Technologies” for being our event sponsor, as well as the following companies and private donors for helping make our event so successful:

- ✿ All Seal Home Improvement
- ✿ Audio Video Connections
- ✿ Annie & Jim Thorpe
- ✿ Brent VanHoose
- ✿ Dugan’s Pawn Shop
- ✿ Eco Engineering
- ✿ Honeywell Energy Services
- ✿ Insurance Works
- ✿ Logos @ Work
- ✿ Nancy Benchic
- ✿ Norma Ryan
- ✿ Shook Construction
- ✿ State Farm – Joe Maher
- ✿ Universal One Credit Union
- ✿ Uptime Solutions
- ✿ Walt Watkins Italian Foundation

Be sure to mark in your calendar for May 17, as KIND will be holding its 3rd annual golf outing. If you are interested in securing your sponsorship now for the 2011 golf outing, be sure to fill out the form in the Golf brochure inserted into this KIND Annual Report, or contact Erica Rinehart via email ericar@kinddayton.org or call her at 937-409-8433.

KIND Wins BIG in More Ways Than One

It’s a sad but startling fact that Ohio’s kids are increasingly unfit, overweight and obese. Poor health has a lifetime impact on our kids. It is also costly for families, health care providers, our education system and ultimately for our community. Kids can’t maintain an active, healthy lifestyle on their own. It takes a community to encourage and accomplish healthy change.

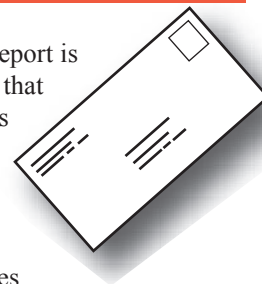
Recently the kids of KIND were given an opportunity to participate, in partnership with the Trotwood YMCA, in a video promoting the “Get Up Montgomery County 5-2-1 Almost None” contest. This program educates children and teens on the importance of health and fitness.

The YMCA and KIND won the contest and were invited to Fifth-Third Field for a presentation and an opportunity to play and interact with the Dayton Dragon Players. After the children enjoyed a wonderful afternoon with the Dragons, Fifth-Third Field premiered the winning video on the jumbo screen for all to see. It was also announced that the KIND/YMCA’s winning video would show every night during the Dragon’s games for Dayton to see.

KIND recognizes the importance of teaching kids about eating healthy and proper exercise to maintain a healthy lifestyle. Raising healthy, active children is no easy task. Raising a healthy community is even more challenging. Both start with small steps, and the KIND program plans to encourage these kids every step of the way.

The Envelope

The envelope inserted into this annual report is for your consideration. KIND is hoping that by keeping you informed of our success stories and future plans, you may in turn help us financially. The KIND program is funded by people that care about the future of KIND, people like you. Every single dollar that is donated to KIND goes directly towards the programming for the kids. KIND has a vision and a mission, taking kids in new directions by nurturing the mind, body and spirit of the children living in East Dayton. This is done by sharing the love of Christ with them, teaching them to love one another, providing nutritious meals, mentoring, guidance and opportunity. We will attempt to do this by instilling in them values and goals that will map a new direction for them to follow and by setting an example of how to live a Christian life by being there when they need someone to talk to and care for them with an open heart and mind.” We need your assistance in keeping our mission alive, so we ask you to please consider donating to the KIND program today, and know that you’re not just helping one child, you are helping a community of children. Thank You.



Red Hot KIND Summer

The temperatures were hot, the pool was cool and the fun was endless this past summer.

Attendance was at top levels throughout the summer which forced us to have a waiting list that grew to over 30 children. The high numbers were a reflection of the amount of kids (98%) who carried over from the after school program which was the highest we have ever had. Some of the reasons for the carryover were children making a serious commitment to the program and the various classes we offer. A lot of this can also be directly contributed to the hard work and dedication of the staff, interns and volunteers who make this program run.

KIND focused the summer program on health, nutrition and personal behavior.



At left is Steve of the Trotwood YMCA interacting with the KIND kids.

bike ride). Fifteen of our children medaled by completing the event within their age adjusted times.

EFNEP (Extended Food and Nutrition Education Program) was a large part of our nutritional teaching. This Ohio State based program taught the children about healthy life choices, reading labels and the correct serving size of everything from ice cream to protein and back. The children learned what a healthy breakfast, lunch, dinner and snack consisted of and the children brought that info to the dining room daily.

SMART (Science and Mathematics Attracting Ready Talent) is a cooking program that incorporates the science and math of cooking. SMART answers the questions of why bread rises, why grease or butter a pan or even why noodles go from hard to soft in boiling water. The math component was used to introduce measuring and following recipes. This summer the program focused on creating cold salads and creating their own drink flavors. They



Bill Evans of SMART teaches the KIND kids about "why bread rises".

also educated the children on healthy cooking procedures, and created and served staff an end of the summer lunch.

The children enjoyed a literary arts program that introduced writing and story telling as well as an Art program that emphasized sketch drawing and sculpting with play dough, toothpicks and aluminum foil that the children really got into doing.



Andrew O. makes a finger heart for the camera.

This summer we brought in a music program that resulted in KIND developing their own band. The band continued to meet after the summer program and will be reuniting with Dabico Music this coming fall where the emphasis will be performance and continued music education.

Having kids who have difficulty controlling their anger, the KIND program brought in a music therapist for a second straight year. The small group (2-4 kids) showed measurable success as the summer continued on. Although not being able to control their temper at all times, a noticeable difference was noticed by the staff and attitudes are still improving.



KIND leaders, Ms. Tamara and Ms. Jenni enjoy a day in the sun with the KIND kids.

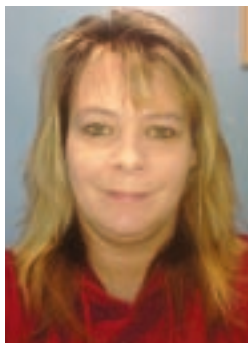
There were some crazy stuff also...like the water war during a few worship services and a flat out water crazy eruption in the parking lot where no one was safe...trust me I got mine.....but in 90+ heat it did feel goood!

The summer program ended with a cook out, art show and the first live performance of KiNdTiMe the new teen band.

It was a great summer, the last one at Third St Baptist who graciously hosted us for many years, it was a hot summer but it was also a summer to remember....

Frank Humphrey, KIND Coordinator

Fundraising at KIND



Erica Rinehart, Fundraising Coordinator for KIND.

2010 had many successful fundraising events. The year started off great with the first ever KIND Bowling Event. Although we had low attendance due to the bad weather, KIND was able to get through the bad elements outside by having a wonderful time inside, at the *Poelking Bowling Center* on Wilmington Ave. in Dayton.

As the weather temperature rose so did our success at the 2nd annual Golf Outing at Cassel Hills Golf Course. We had 14 teams and 19 sponsors, *Solid Blend Technologies* was the event sponsor again for the second year in a row. On that beautiful day in May, we raised more than \$5,000 for the KIND program.

In August we paid tribute to KIND's most dedicated staff leaders, *Ed Fox* and *Frank Humphrey*, with a Roast. What's the best way to make fun of your staff leaders and not get in trouble for it? You have a "Roast" in their honor! KIND provided the guests with a homemade spaghetti dinner and punch, while roasters poked and prodded Ed and Frank. It was a humorous and fun event to say the least. Maybe one day soon we can convince *Keith Valiquette* to allow KIND to roast him. Now that would be an event to celebrate!!

The last major fundraiser of 2010 was unfortunately not a success. The KIND board allowed the teens to do a fundraiser selling discount cards. The KIND teens sold discount cards specially made for KIND at the Mall of Fairfield Commons. The card included 15 local businesses that offered discounts that were good until November 2011. After a great start of selling the cards to mall shoppers, the box that held over \$1,000 worth of cards was stolen. KIND put out a plea to the community through the newspaper and WDTN, Channel 2, but the cards were never returned.

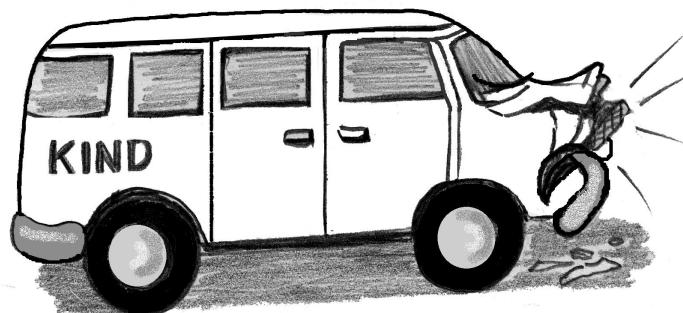
2010 fundraising efforts were successful for the most part, despite our challenges. We had the ability to get out into the community and have fun and even enjoyed laughter at the roast. For 2011 we started on the 2nd annual Bowling event, and we are preparing for the 3rd annual Golf Outing at Cassel Hill. Also in the works is KIND's first ever Spinoza Dinner Event. Be sure to keep on the lookout for all the upcoming events in 2011. If you have any questions regarding any of KIND's fundraising, *please feel free to contact me, Erica Rinehart-Fundraising Coordinator* ericar@kinddayton.org or call me at (937) 409-8433.

Donating to KIND
is a KIND thing to do.

Let Go and Let God Take the Wheel

That saying has a wonderful ring to it but is very difficult to put into practice. The KIND summer program is probably the most challenging time for our staff. They go four days a week for eight weeks. The time flies and by the time they are done, they really need some rest before starting the after school program.

With such a quick paced program, they plan down to the last detail and make sure there are enough volunteers and interns to ensure a safe and meaningful summer experience. With the number of children we serve, we cannot afford transportation issues. We rely on our three - fifteen passenger vans to safely transport the children to and from the program. This summer, two different motorists ran a stop sign and hit two of our vans. The first accident totaled our van, leaving us one down. The second accident caused only minor damage. Fortunately, no one was hurt in either accident. God was watching out for us. Our first reaction was to quickly find a replacement and dig deep into our finances



to quickly purchase a replacement van. The board held off just long enough to find another option. Erica Rinehart located a van that would be donated but needed some front end work. Through some family connections at *D&T Body Shop*, they made the necessary repairs and only charged us for the parts. We invested very little into a van that should serve us for a few years. It has been nickname "Diablo" by our staff. It has lots of character!

In the meantime, the insurance company settled our claim for \$5,700. For some time, the staff has asked for another van to make transportation a bit easier. The challenge has been that not many foundations support vehicle expenses. Furthermore, any gift from one of our existing funders would be less funding to support programs.

A call was made to a local foundation called the *Stick Foundation*. He had always told us to call in an emergency. We asked for help toward replacing the van. Roger asked if \$3,000 would help. The answer was a resounding YES!

Our next call went to a great friend of the program, Terry Toby at *Key Chrysler* in Xenia to assist in locating another van. After several months of searching, Key Chrysler located a van. It fit the budget with a bit left over for some gas money. Good thing we did not try to step in and solve God's problem.

UPDATE: As you see in our "need" request, Diablo did not survive. We are still in need of a 4th van.

Reflections from the KIND Staff



As this past year came to a close, I reflect on how the oldest children were now the youngest teens in the youth program. In just a few short years those children who were afraid to move up to the teen program are now the future of the youth program. And I now see the K-2nd graders becoming the older kids who look forward to becoming teens with excitement... funny how things change.

I think of the movie *"To Sir with Love"* about a teacher who made a difference and a line from the title song that went "From Crayons to Perfume". That is how I look at KIND. We take a little one and hopefully develop them from a child to a young man or young woman. We watch as they go from simple little songs with simple little lyrics to music with a profound message that makes them think. The children who love to laugh at my silliness soon become more interested in the deep thoughts of right and wrong and the acceptance of both. Time goes so fast.

KIND does not often give you the opportunity to pause and reflect. However, when we do, it brings a smile that will light up any room. The knowledge of just how important your thoughts, concerns and decisions are to the well-being of these children that are entrusted to us for a few hours a day can be gratifying.

There are lots of crayons to be passed out to the children and plenty of sweet smelling success for those who grow and mature. They will leave some day to make their own mark in a world that we have hopefully helped prepare them for.

Frank Humphrey Program Coordinator



My name is *Tamara Madison*. Here at KIND we had a lot of great programs during the 2010 year. The kids laughed and learned through them all, but for the purpose of this article I had to choose only one favorite.

That choice would be the Bible lessons. It's a program the staff does independently every week. The lessons are always hands on with the children. To do these hands on methods, we use puppets, costumes, skits and crafts.

We spend one week on one story. This allows the kids not just to listen to the story, but to learn it as well. We have the children memorize a verse, and that memory verse summarizes the entire lesson. We also utilize activity sheets and craft sets tailored to that particular verse. The children can create something as small as a mustard seed craft to something as large as the walls of Jericho.

For me the Bible lessons were the most enjoyable, because we were able to teach the children a different path to follow, through the Bible.



My name is *Abi Sweigart* and I am a new staff member at KIND. So far I have enjoyed every minute of KIND and am very much like a kid in a candy store. In my few months here, I have seen an improvement in the behavior of the teens as well as sparked interests in the programs offered.

There are so many programs that I have recently been exposed to and am thrilled to participate in. *K-12 Gallery for Young People* has opened the door to the textile arts. *DABICO*

Artist Factory opened the musical door and *SMART* made the connection between chemistry, cooking, and health. I am looking forward to the upcoming year.



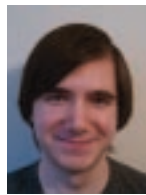
My name is *David McIntosh*. I have worked at KIND for three years. My favorite program at KIND would have to be the *SMART* program. I love how they mix math and science into cooking. There have been many times I have observed the teachings of *Bill Evans* and *Loretta King* and watched in amazement at how they relate their teachings to something fun and interesting.

Bill and Loretta are able, not only to teach the children, but keep them active at the same time. The kids are mixing, measuring, cooking and prepping the meals primarily on their own. They are taught to be independent thinkers and to experiment with ingredients. But the most favorite thing about this program is the end result, the food. The food that was once just ingredients is now a full meal or snack. *SMART* is not just teaching the children about math, science and food. They are teaching them to make healthy life style changes that will grow with the children throughout their lifetime.



My name is *Kayla Leverette*. I have been a staff member of the KIND program for almost three years now. My Favorite program thus far, I would have to say is the *SMART* Program taught by *Loretta King* and *Bill Evans*. It is a very unique program combining mathematics and science into cooking, to teach the children new learning techniques. I enjoy watching them try new types of food and being taught healthy eating habits that have an educational purpose for their daily lives.

This program provides so many uses for their day to day living and teaches them easy tricks on how to cook at home to impress Mom and Dad. I feel like this is a core foundation in our ministry to help enrich their lives by teaching them how to go through life with a healthy outlook. Helping them learn by eating healthy and teaching them easy cooking techniques establishes a healthy heart and mind which coincides with our Christian organization. I look forward to watching them grow mentally and spiritually and the *SMART* program supplements what we have to offer.

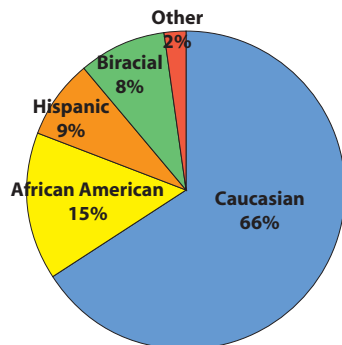


My name is *Curtis Humphrey*. In the past year at KIND the class that meant the most to me was being able to teach the kids different computer skills. While the past year wasn't the first that we've had computer class, the move to the LEC with access to better computers and more programs helped tremendously.

Some of the older kids are now learning typing skills and are even enjoying it. I've also had the chance to teach the kids how to properly navigate around the computer as well as shutting down a computer. With the growing importance of technology it's been great to start slowly introducing the kids to core concepts that will enhance their ability to use computers.

Evaluation, the Devil's in the Details.....

KIND is an inner city youth program that served more than 125 school-age children in 2010 with programs that promote and facilitate positive behavior, creative expression, and cooperative working skills. KIND participants represent 30 schools and six different zip codes across the Miami Valley. The majority of the children who are served by the KIND program live in a blighted, primarily Appalachian section of Dayton but we have participants from Miamisburg, West Carrollton, and Huber Heights. Our 2010 program included 66% Caucasian, 15% African American, 8% Hispanic, 9% Biracial, and 2% other. Single mothers head 34% of the households and family incomes of 86% of our participants are below \$25,000.



We exist to foster independence and responsibility in those we serve, empowering them with their own desires to become active, constructive, caring members of the community. By providing year round programs for these children, we have a much better chance of impacting them with life skills that will break the bonds of poverty and the vicious cycle it creates.

Academics

All Kids Can Learn

The math and reading program was offered through collaboration with *All Kids Can Learn* for the 2010 math and reading program. The *SES* program is based in part on Dayton Public Schools (DPS) that are not meeting academic standards under the Ohio Academic Content Standards (OACS). Due to funding availability, we are only able to offer the full complement of math and reading to students of schools that are not meeting academic standards. However, we supplement with staff and volunteers to assist the other children with tutoring and skills enhancement in reading and math.

Students received three hours a week of tutoring in math and reading from a certified teacher. Children were tested before and after the program to measure academic improvement using a standardized test.

The success of the All Kids Can Learn program was more productive than KIND had experienced previously. After reviewing the pre and post test scores, all the children that completed 80% or more of the program improved their pretest scores by at least 50%. And in some cases the scores were increased by 75%.

Parents of 64% of the program participants also reported that the children's report card grades improved by either one or two grade levels. Other areas that improved were self confidence and learning to trust others.

Boonshoft Museum of Discovery

Boonshoft Exhibits to Go is a partnership with Children's Medical Center that brings the entertainment of learning about things you would normally see in a museum. Exhibits to Go brings the museum to KIND in a kid friendly manner. The children have the chance to touch, feel, taste and experience learning in way that is unforgettable. Some of the experiences the children have

for example is touching bones of mammals or looking under a microscope at marine specimens from the sea.

The Boonshoft Exhibits To Go program was a great success at KIND. Their curriculum ranged from the "Internal Body" to "Bugs on the Ground" and everything in between. The children were always excited when they knew that Boonshoft was coming. Each lesson evolved from the lessons prior, building on repetition and consistency. At the beginning of each lesson, the children were quizzed on what they had learned in prior sessions. The instructor would follow up with a lesson that continued in sequence with the curriculum.

Not only were the lessons that Boonshoft taught invaluable to the children, but to the community as well. Some of the other lessons that were taught were T.R.A.S.H. - "Take Responsibility Action at School & Home" and "Clear the Air" which focused on keeping our community clean and eliminating pollution. The staff from Boonshoft reported that the children were challenged in the beginning but quickly grasped every lesson that was being taught. It was also reported that the kids remained enthusiastic throughout the entire lesson and often asked questions that pertained to the subject that was being taught; most often this allowed the instructor to go deeper in details. Below are comments from the Boonshoft staff.

"Adults and children both really became interested in all facets of the program and were so helpful in helping each other and me make the program work well."

"It was my best after school program experience. I commend the people who work with the kids for allowing the children such a positive experience, too."

"I went to KIND multiple times last year and had a very rewarding experience. Our first program was Food, Fitness and Fun which was presented for the entire group. The children worked together; helped each other and all wanted to participate!"

"Over 30% of the children actively participated in the program."

Music and Art

The *Developing Artists and Building Inner City Opportunities (DABICO)* Band Appreciation included all 100 children that attended the summer program. The intent was to screen the children and youth to determine talent levels and interest. The result was an active music program for all participants as well as a band for those that wanted to pursue a more active role long term. The current DABICO Band consists of eight youth that actively participate.

Music Therapy

Music Therapy has been offered over the last two summers in partnership with the *University of Dayton*. Children referred to the program had behaviors that interfered with learning, such as difficulty sitting still, problems with listening and following directions, and verbal and physical impulsivity. Music Therapy allows the children to release the burdens they face in their everyday life through a positive outlet.

In 2010, we hired a graduating senior, *Courtney Ingold* who was recommended by Music Therapy professor, *Susan Gardstrom* to continue development of the program Susan started. Courtney developed the following program objectives which will be similar to the 2011 program objectives.

1. Provide opportunities for creativity and enjoyment
2. Improve musical abilities
3. Improve interpersonal skills
4. Increase self confidence

During each session as the children released their emotions through music, they became much more engaged. This program assists the children in staying focused and improving their behavior. Her evaluation report and personal reflection is available upon request to provide details on the results.

K-12 Gallery for Young People

KIND also partnered with the *K-12 Gallery for Young People* on another project to encourage the creative side of our youth. The KIND teens are in the process of making a 5-foot by 15-foot Mosaic Mural to be placed in front of the KIND facility. Something this large takes team work, planning ahead, and dedication.

Health and Fitness

A recent study by the *Annie E. Casey Foundation* reported that overweight or obese children in Ohio rose from 30% in 2003 to 33% in 2007. The Children's Hunger Alliance found that 18.3% of third graders in Montgomery County are overweight and 25.1% were at-risk of becoming overweight.

Further complicating obesity issues are quality and length of life health issues. The University of Wisconsin provided a community health report for the 88 Ohio counties in partnership with the Robert Wood Johnson Foundation. Montgomery County ranked 68th in Health Outcomes which relate to length of life outcomes. The County also ranked 65th on Health Factors or quality of life which include health behaviors, clinical care, social and economic factors, and physical environment.

To address these issues, KIND has developed several partnerships targeted at health education, nutrition, cooking, and exercise. Details on our collaboration as noted below.

SMART

Retired House of Bread Executive Director *Bill Evans* and school teacher *Loretta King* teach the math and science of healthy cooking. The children learn to measure, calculate, follow directions, and draw conclusions. They create scenarios such as what if they didn't add enough yeast to the bread mixture, would it still rise. Children participating in SMART had a pre-test score range of 25-55% and a post-test score range of 73-87%. Our teenagers had a pre-test score range of 35-80% with a post-test score range of 69-94%. The average was 83%. All these elements are just kids having fun in the kitchen, but as adults we know it's really learning life skills. In addition to healthy cooking, children receive a healthy meal each day of the program.

Healthy Meals

KIND provides a home-cooked meal each day of the program with food purchased from *Kids Caf * at the *Food Bank*. Because of limited availability, we supplement our food supply with additional food purchases at local stores. During the summer, children receive meals through the Federal Lunch program which is administered by Dayton Public Schools. We plan to replace the

Federal Lunch program this year if funding is available because the quality and nutritional value of the meals are lacking. Our staff will provide a freshly prepared meal with food from the Food Bank and other sources to provide a healthier meal. For many of these children, KIND provides the only healthy meal of their day. As a result of these critical nutrition programs, our staff and volunteers served **8,765 meals in 2008, 11,682 in 2009, and 10,814 in 2010.**

EFNEP

The *Ohio State Extension Office's EFNEP* program is designed to assist limited resource audiences in acquiring the knowledge, skills, attitudes, and changed-behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being.

The impacts that have been made with the children at the KIND Program have been positive. Some of the lessons focus on dairy, fruits and vegetables, healthy snacking and physical activity. Each session is based on a core message, such as the Food Pyramid, fluids (soda vs. water), or the importance of fruits and vegetables. The lessons are taught through activity sheets, hands on tools, or games that teach the lesson as well as encouraging physical fitness.

After the lesson a basic pop quiz is given to the children to ensure that the main focus points were understood. It was reported that approximately 70% of the children maintained the information that was taught.

YMCA

We have also added a new collaboration with the *YMCA* to measure and improve the fitness level of our children. Through the YMCA's partnership with the *United Theological Seminary (UTS)*, the children also had an opportunity to swim at their Swimming Pool and Training Center each Thursday during the summer program. KIND children improved remarkably in just eight weeks. They were also the most improved group in terms of swimming skills. KIND participants reduced waist circumference 33%, strength (77% improved in pull ups and 61% in curl ups), and flexibility (47% improved sit and reach and 40% improved trunk lift).

We also won first place for a video competition through *Get Up Montgomery County* to demonstrate their "5-2-1-Almost None" formula to fight childhood obesity. The KIND children were honored with an on-field appearance at the Dayton Dragons game where the video was shown on the jumbo video screen.

Volunteers

A core group of 27 youth volunteered 276 hours in 2010 which included fundraisers (sub sales and discount cards), community outreach for National Night Out on Crime, and work projects in the neighborhood. The percent of youth volunteering is about 50% of the maximum registered and represents those that regularly attend.

Three youth volunteers were promoted to KIND interns during the 2010 calendar year to increase our teen staff to six. They served in the children's program as assistants to the staff and received a small stipend for their dedication to the program.

Twelve parents of KIND kids volunteered a total of 224 hours during the 2010 calendar year.

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Matching Grants

KIND appreciates the support of all our corporate, foundation, service club, church, and individual donors to the program. In 2010, KIND received a \$20,000 match from a local foundation. The requirement of the match was up to \$10,000 from new funding sources and up to \$10,000 of additional support from existing funders. KIND had until November 1st to meet that goal. KIND is excited to report that we met our matching grant of \$20,000. Thank you to all the following organizations who have helped us reach our goal:

New Funders

*Audio Video Connections
The Berry Family Foundation
Dayton Dragons Sports Service
Dorothy Lane Optimist
Dugan's Pawn Shop
Emmanuel Evangelical Lutheran Church
Enola Environmental and Energy
Jason Finke
Rick and Sonya Hensley
Randy Jarvis
Kiwanis of Brookville
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